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## A NEW YEAR'S BEAUTY REJUVENATION

By Mary Jo Matsumoto

If you've been thinking that you need a holiday just to recover from the merry season, then you'll be happy to hear that this is exactly what I'm recommending! Nothing will snap you into a happy year faster than a fun and luxurious girl's getaway.

Why not fly into what is otherwise known as the California Riviera, that lush strip of gorgeous seaside real estate halfway between Los Angeles and San Diego? Home to one of my favorite destinations, the award-winning Ritz-Carlton Laguna Niguel is ranked among the best resorts in the world. Here you will enjoy panoramic white-water views and two miles of premium sandy beach.

Upon arriving, I encourage you to spend at least an hour unwinding on the observation deck. Take in the gorgeous ocean view and catch up with your girlfriends over Mimosas, shrimp cocktails and oyster appetizers.

Next, schedule some time at the state-of-the-art Ritz-Carlton Laguna Niguel Spa. After you hit the shower and sauna, unwind with a heavenly massage that includes an ultra-luxurious head massage – bliss!

The perfect evening among friends can be had relaxing by the fire and enjoying a wine, cheese and chocolate tasting at Eno as you laugh and dish the night away. Especially perfect for a girl's night out are the delish caramels and artisan chocolates from Jin Patisserie in Venice, Los Angeles – yum!

In the morning, promise me that you'll wake up and take a yoga class overlooking the waves or at least a long walk on one of the prettiest beaches you'll find anywhere. Refreshed and relaxed, you'll be in a great mood to partake in the fantastic champagne brunch that Restaurant 162 offers. Every culinary appetite is catered to at this incredible brunch – trust me, it will be one of the highlights of your weekend!

After a leisurely meal, head out to the pool to rest, relax and catch up on lots of girl talk. Take the perfect break from reality and book a fun getaway by calling (949) 240-2000 or visiting [www.ritzcarlton.com](http://www.ritzcarlton.com).



1 Make sure you don't arrive empty handed to the first vacation of the New Year! Even the pickiest of pals will adore you if you show up with some luxe treats! A little bottle of truffle oil may be small but it packs a mighty punch. Why not drizzle some truffle oil over french fries or add some da Rosario truffled acacia honey to a cheese plate for a quick and luxurious nosh when your friends arrive? Organic truffle products by da Rosario are available nationwide at select gourmet stores and supermarkets or you can visit [www.darosario.com](http://www.darosario.com) to find a store near you.

2



Skin is never more in need of TLC than during the winter months. When I recently returned after an intensive three day conference, I decided to put the NEOCUTIS Eye Kit and Bio Serum to the test. I'm happy to say that my puffy eyes and dark circles went away almost overnight! The Bio-Serum is available in an Intensive Collagen Spot Treatment Pen (\$150) or you can choose the One-Week Intensive Collagen Treatment (\$300). Perfect for those that do not want to go under the knife or needle or who want a quick fix, the pen is discreet (for purse or pocket) and can be used at anytime for those frown lines, in between eyebrows, etc. The NEOCUTIS Anti-aging Eye Kit combines two of their most popular products, HYALIS Refining Serum and LUMIÈRE Bio-restorative Eye Cream. The duo delivers immediate moisture that leaves skin supple and rejuvenates the delicate eye area while reducing the appearance of under eye circles. The eye kit also smoothes the appearance of fine lines and wrinkles, alleviates puffiness and refreshes the eye area to help minimize signs of fatigue. The suggested retail price: \$110. For retailers and physicians, please visit [www.neocutis.com](http://www.neocutis.com).

3



My last tip is to tuck a bottle of Pevonia Botanica De-Aging Body Balm in your bag for a quick pick-me-up every day of the month. Part of the Ligne Tropicale De-Aging Body Line, this rich and creamy balm smoothes the look of wrinkles and sun damage on the body. Formulated with shea butter, collagen, elastin polypeptides and retinol, your skin will be visibly replenished. Perfect for smoothing the décolleté and other problem areas. It's available in two signature natural scents: Papaya-Pineapple and Mango Passion Fruit. Pevonia Botanica De Aging Body Balm retails for \$89 and is available at fine spa locations worldwide. To purchase, please visit [www.skinstore.com](http://www.skinstore.com) or go to [www.pevonia.com](http://www.pevonia.com) for more information.

*Wishing all my dearest readers everything bright and beautiful this new year!*

*Fashion designer Mary Jo Matsumoto writes a nationally syndicated style blog at [www.trustyourstyle.com](http://www.trustyourstyle.com). She is debuting a new line of fine jewelry and a women's couture line as well as expanding her successful luxury handbag line. To view her beautiful designs please visit [www.maryjomatsumoto.com](http://www.maryjomatsumoto.com).*

1. da Rosario USDA Organic Truffle Oil 2. Eye Rejuvenation System by NEOCUTIS 3. Pevonia Botanica De-Aging Body Balm  
4. Ritz-Carlton Laguna Niguel 5. Ritz-Carlton Laguna Niguel Spa  
6. Eno – A Wine-Tasting Experience Engaging All Your Senses

